

Nutrition Labels for Select Chocolate Products from Promomento

If you have a food allergy or have specific nutrition or ingredient questions, please contact us before purchasing at 1-877-628-4646.

Milk Chocolate

Dark Chocolate

Milk Chocolate Sugar Cookie

Dark Chocolate Sugar Cookie

Nutrition Facts																													
Serving Size 1 oz (28g)																													
Servings per Container 1																													
Amount per Serving																													
Calories 188	Calories from Fat 97																												
% Daily Value*																													
Total Fat 10g	17%																												
Saturated Fat 6g	31%																												
Trans Fat 0g																													
Cholesterol 5mg	2%																												
Sodium 41mg	2%																												
Total Carbohydrate 15g	5%																												
Dietary Fiber 1g	3%																												
Sugars 14g																													
Protein 0g																													
Vitamin A 0%	Vitamin C 0%																												
Calcium 4%	Iron 0%																												
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																													
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Fat 9 • Carbohydrates 4 • Protein 4																													

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Nutrition Facts																													
Serving Size 1 71/100 oz (48g)																													
Servings per Container 1																													
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Calories 250	Calories from Fat 100																												
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Total Fat 12g	18%																												
Saturated Fat 7g	33%																												
Trans Fat 0g																													
Cholesterol 5mg	1%																												
Sodium 125mg	5%																												
Total Carbohydrate 32g	11%																												
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Nutrition Labels for Select Individually Wrapped Mints from Promomento

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