

# ZIKA Virus

## DISEASE SPREAD AND PREVENTION

### SYMPTOMS

FEVER

HEADACHE

RED EYES

SKIN RASH

FATIGUE

MUSCLE/JOINTS PAIN

### PREVENTION

WEAR LONG SLEEVED SHIRTS, TROUSERS, HATS

USE EFFECTIVE INSECT REPELLENTS

SLEEP UNDER MOSQUITO NETS ON BEDS

EMPTY/CLEAN CONTAINERS THAT HOLDS WATER

PROTECT WINDOWS AND DOORS WITH MOSQUITO NETS

USE INSECT REPELLENT FOR CLOTHING

### TREATMENT

REST

DRINK WATER

TAKE MEDICATIONS FOR PAIN AND FEVER

CALL A DOCTOR

### VIRUS TRANSMISSION

The virus spreads through mosquito bites.

The virus can be transmitted through blood and sexual intercourse.

The virus can be transmitted from a pregnant woman to her baby during pregnancy.

### AFFECTED AREAS AND PATHOLOGY

FREQUENT RISK

SPORADIC RISK

About 1 in 5 people infected with Zika will get sick.

Requires a medical diagnosis, there is no specific treatment.

The virus resolves within days to weeks.