Anything can be a poison if used in the wrong way, wrong amount, or by the wrong person.

In fact, the top two substances that parents of young children call the North Carolina poison control center about are personal care products and cleaners.

The room-by-room checklist on this card can help you think about the products you may have in your home and where they are stored. The best place to store these items is up and out of children’s reach.

Remember, purses can also contain products that may be harmful to children.

Not to worry—if someone happens to misuse a product, the nurses and pharmacists of the North Carolina poison control center are available immediately around the clock. With their advice, an Emergency Room visit may not be needed.

Call or chat at any time:

1-800-222-1222
www.NCPoisonCenter.org

Questions? Contact us
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PREVENT POISONINGS AT HOME

Store these products up and out of children’s reach.

**KITCHEN**
- alcoholic beverages
- countertop cleaner
- dish cleaner
- drain opener
- floor cleaner
- furniture polish
- hand sanitizer
- vitamins

**BATHROOM**
- cosmetics
- hair products
- mouthwash
- nail products
- shower/bath cleaner
- toilet bowl cleaner
- toothpaste

**LAUNDRY ROOM**
- bleach
- detergents
- laundry pods
- soaps
- stain remover

**LIVING ROOM**
- button batteries
- cigarettes
- diffuser oils
- e-cigarettes
- plants

**BEDROOM**
- essential oils
- medicines
- melatonin
- perfumes
- vaporizers

**GARAGE**
- aluminum wheel cleaner
- ant/roach traps
- antifreeze
- gasoline
- kerosene
- lamp oil
- lighter fluid
- paint thinner
- pesticides
- rust remover
- windshield washer fluid

Some items may be found in more than one room.

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