

The 2018 N.G.A. Mid Atlantic Pro Blowout

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| <p>Date: Saturday, November 17, 2018</p> <p>Registration: 8:30 A.M. to 10 A.M. at Freedom H.S., All Pro competitors must check-in at this time, with their posing suit on. If you arrive late you will not be permitted to compete. Mandatory competitors meeting at 10:45 A.M.</p> <p>Prejudging: 12 P.M. - Freedom High School</p> <p>Finals: 6:00 P.M. – Freedom High School</p> <p>Entry Fees: \$125 if postmarked by 10/31/18 \$175 for applications postmarked after 10/31/18. Entry fees are non-refundable.</p> <p>Crossovers: \$125 additional fee. (Crossovers not permitted from Figure to Bikini or bodybuilding events).</p> <p>Eligibility: Must be a professional athlete with a current N.G.A. Pro card & all athletes must pass a polygraph test that they have been drug free for 7 years. NGA Pro cards may be purchased by presenting your Pro credentials to the NGA (call Andy Bostinto @954-344-8410) for \$125.</p> <p>Accommodations: Best Western Potomac Mills, \$94 for up to 4 guests, call 703-494-4433 by 11/02/18. Ask for Mt. Rogers Bodybuilding rates. Includes breakfast.</p> <p>Awards: At least \$5000 in cash. All will get a medallion.</p> <p>To Enter: Mail Certified Check or Money Order payable to Pam Spindel at: Pam Spindel 12936 Jessica Ridge Way Manassas, VA 20112</p> | <p>Polygraph Test: \$50 - Fees will be payable to the polygrapher at the polygraph appointment in cash. Please do not mail in these fees. Pam Spindel will call once application is received to schedule polygraph appointment. <u>Polygrapher findings are final.</u> Polygraph appointments will be held on Thursday, November, 15th & Friday, 16th at Best Western Potomac Mills</p> <p>Music/Posing: Men's and Women's Bodybuilders CD/2 mins. max. Please, CD should contain posing music only. Try your home-made CD on another deck, other than the one you made it on, prior to the show to make sure that it plays on other machines. Figure and Bikini will present to house music (our choice).</p> <p>Jewelry: NO jewelry, other than wedding rings will be permitted for bodybuilders. Body piercings <u>must</u> be removed or you cannot compete.</p> <p>Directions: FOR POLYGRAPH TESTING: Best Western: 14619 Potomac Mills Rd. Woodbridge, VA 22192 TO FREEDOM HIGH SCHOOL: 15201 Neabsco Mills Rd., Woodbridge, VA 22191</p> |
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The 2018 N.G.A. Mid Atlantic Pro Blowout Entry Form

(in conjunction with the N.G.A. Mt. Rogers Bodybuilding, Figure, Bikini and Physique Championships)
(Note to amateur competitors: Do not use this application. Please use the posted Mt. Rogers application)

CHECK CLASS ENTERED:

Men's Pro
 Men's Master's Pro
 Men's Pro Physique
 Women's Pro Bodybuilding

Figure Pro
 Master's Pro Figure
 Bikini Pro
 Master's Bikini Pro

Indicate Shirt Size (for entries postmarked by 11/07/18):
 S
 M
 L
 XL
 XXL

NAME _____ AGE _____ TEL # _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

E-MAIL ADDRESS: _____

GYM REPRESENTING _____ TITLES WON _____

SPECIAL INTERESTS OR GOALS _____

In consideration of you accepting this entry, I hereby, intending to be legally bound for myself, my heirs, my executors, and administrators, agree to waive and release any and all rights and claims for damages arising from the above described contest. The waiver and release extends to the National Gym Association, Essential Fitness, Pam Spindel, Freedom High School and/or the Prince William County Board of Education, as well as all contributors, staff, and officials connected with the above described contest.

SIGNATURE _____ DATE _____

CONTEST PROTAN, POSING OIL, & HOT STUFF

To order call: ESSENTIAL FITNESS (703) 492-2722 or visit www.essentialfitness.com