



OPERATING INSTRUCTIONS

**FOR
meΔos**

e-pill[®] MeDose

**VIBRATING
6 ALARM MEDICATION
REMINDER
WATCH**

Manufacturer:

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e-pill MeDose



OPERATING INSTRUCTIONS

e-pill Medose Vibrating 6-Alarm Medication Reminder Watch

BASIC FUNCTIONS

FEATURES

The e-pill Medose Vibrating Medication Reminder Six Alarm Watch is an innovative device to help improve patient compliance.

- Up to 6 daily alarms
- Choice of vibration or sound alarm
- No alarm reset required
- 5 modes of operation: Normal Time, Dual Time Zones, Alarms, Count Down Timer & Chronograph
- Easy to read large display with back light

HOW TO SET THE CORRECT TIME

- Tap button C until mode prompt "TIME" is reached.
- Press & hold button D for 5 seconds to enter setting mode. The seconds will start flashing
- Tap C
- Tap A until the correct Hour is reached. Please note the PM indicator above the Seconds
- Tap C
- Tap A until the correct Minute is reached.
- Tap C
- Tap A until the correct Year is reached.
- Tap C
- Tap A until the correct Month is reached (1=January, 2=February ... 12= December)
- Tap C
- Tap A until the correct Day of the Month is reached.
- Tap C
- Tap A until the correct Day of the Week is reached. (TU=Tuesday, TH=Thursday)
- Tap C
- Tap A if you want military time (24 hour clock).
- Tap D to leave setting mode.

Congratulations - you have now set your MeDose watch to the correct time.

BACK LIGHT

Tap button D for Back Light (3 seconds illumination).

CHANGE DISPLAY

Press button C to change displays. The sequence is as follows:

->TIME ->ALARM ->TIMER ->CHRONOMETER ->

VIBRATION or BEEP SOUND ALARM

Press & hold button A for 5 seconds to toggle between Vibration or Beep Sound alarm. A small "W" will appear in the display (top left) when the MeDose is in Vibration mode.

The alarm lasts for 20 seconds. Tap any button to stop the alarm. The MeDose will give a brief alarm on the hour if the chime function is on.

HOW TO SET DAILY ALARMS

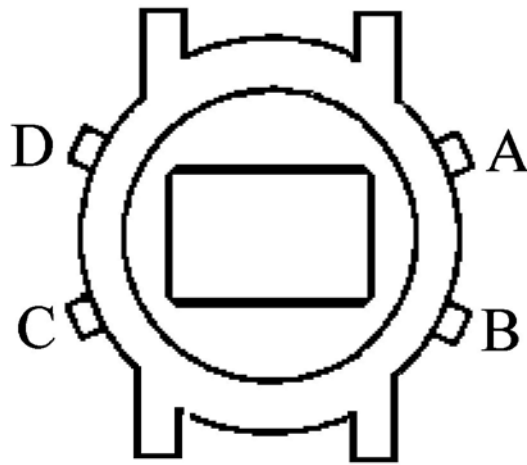
- Tap button C until mode prompt "ALARM" ("AL-#" or "Chime") is reached.
- Tap button B to go to the alarm you want to set (Alarm-1 is AL-1, Alarm-2 is AL-2, Alarm-3 is AL-3, Alarm-4 is AL-4, Alarm-5 is AL-5, Alarm-6 is AL-6 and CHIME is the 7th alarm).

For each DAILY alarm do the following:

- Press & hold button D for 5 seconds to enter setting mode. The hours will start flashing.
- Tap A until the correct Hour is reached. Please note the PM indicator above the Seconds.
- Tap C
- Tap A until the correct Minute is reached.
- Tap D to leave setting mode.

Make sure ON is displayed next to the minutes. If "ON" is not showing you can toggle to ON by tapping A.

Proceed to your next alarm by tapping B.



RESET

Press all four buttons for 5 seconds and release. This will re-set the internal computer (this only needs to be done after a battery change).

HOW TO SET AN ALARM SPECIFIC DATE AND TIME

- Tap button C until mode prompt "ALARM" is reached.
- Tap button B to go to the alarm you want to set. Alarm-1 is AL-1, Alarm-2 is AL-2, Alarm-3 is AL-3, Alarm-4 is AL-4, Alarm-5 is AL-5, Alarm-6 is AL-6 and CHIME is the 7th alarm.

For each SPECIFIC alarm do the following:

- Press & hold button D for 5 seconds to enter setting mode. The hours will start flashing.
- Tap A until the correct Hour is reached. Please note the PM indicator above the Seconds.
- Tap C
- Tap A until the correct Minute is reached.
- Tap C
- Tap A until the correct Month is reached.
- Tap C
- Tap A until the correct Day of the Month is reached.
- Tap C
- Tap A for the correct Time Zone (T1 or T2)
- Tap D to leave setting mode.

Make sure ON is displayed next to the minutes. If "ON" is not showing you can toggle to ON by tapping A.

Proceed to your next alarm by tapping B.

Note The six (6) alarms operate independently. If month & date of the alarm is set to "--", the alarm will act as a daily alarm (no reset required).

HOW TO USE COUNT DOWN TIMER

The MeDose watch offers three count down timer modes. Each mode can be up to 99 minutes and 59 seconds long (1 hour and 40 minutes).

- Tap button B to select Count Down Stop (CS), Count Down Up (CU), or Count Down Repeat (Cr) function.

Once you have made your count down selection:

- Press & hold button D for 5 seconds to enter setting mode. The minutes will start flashing.
- Tap A until the correct Minute is reached.
- Tap C
- Tap A until the correct Second is reached.
- Tap C
- Tap D to leave setting mode.

Use button A to start and stop the count down timer.

Note

1. *The Count Down Timer features 1 second increments with a working range from 1 second to 99 minutes 59 seconds.*
2. *The watch will sound 3 beeps at 3 minutes, 2 beeps at 2 minutes, and 1 beep at 1 minute before the timer counts down to zero. The watch will beep for 5 seconds when the timer reaches zero.*
3. *When the timer is stopped, pressing button B will change the timer function and the preset time will be reloaded.*

In Count Down Up (CU) function, as the time is counting up after the timer counts down to zero, an arrow pointing upwards will be displayed.

Battery:
Replaceable CR2032 3V Button Cell

We suggest you take the watch to a jeweler to have the battery replaced.

HOW TO USE THE CHRONOGRAPH

The MeDose watch offers a precise and simple to use chronograph ("stop watch") function.

- Tap button C until mode prompt "Chron" is reached.

Press button A to start the chronograph. "Run" will be displayed.

- Tap button A to START and STOP.
- Tap button B to RE-SET the chronograph.

Press button B to record split and lap times. First, split time and "SPL" will be displayed for 6 seconds and then lap time and "LAP" will be displayed.

HOW TO SET THE HOURLY CHIME

The MeDose will give a brief alarm on the hour if the chime function is on. A small "bell" will appear in the display (top left) when the chime function is on.

- Tap button C until mode prompt "ALARM" is reached.
- Tap button B to go to CHIME (chime is the "7th Alarm")
- Tap A to toggle between chime ("ON" and "Bell Symbol") or off ("—").

OPERATION OF BUTTONS

- A**
- 1) Select vibration or sound (press & hold)
 - 2) Alarm & chime (arm or disarm)
 - 3) Start or stop the timer
 - 4) Start or stop the chronograph
 - 5) Set/advance digits
- B**
- 1) View normal time or dual time
 - 2) Select normal or dual time (press and hold)
 - 3) Select alarm or chime
 - 4) Select timer function
 - 5) Set "Split", "Lap" or re-set chronograph
 - 6) Select setting digits (set)
- C**
- 1) Mode change
 - 2) Select setting digits (set)
- D**
- 1) Back Light
 - 2) Set (press and hold)
 - 3) Reload preset timer
 - 4) Fast escape from split/lap display
 - 5) Exit set (set)
 - 4) Fast escape from split/lap display
 - 5) Exit set (set)

This watch is designed to help the wearer to remember his/her medication on time. The manufacturer ROLAND, the apple pro production inc assumes no responsibility whatsoever for any inconvenience or non-compliance to medications in the event the watch fails to function.

WARNING:

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GUARANTEE

ROLAND, the apple pro production inc, covers manufacturing defects for one year from date of purchase. Battery, straps, glass or damage caused by misuse is not covered.

In case of defect, send the watch to:

ROLAND, the apple pro production inc
Service Center
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