

# PuffMinder™ DOSER™ Q & A

[www.PuffMinder.com](http://www.PuffMinder.com)

Frequently asked Questions & Answers

## ***How does PuffMinder DOSER work?***

The PuffMinder DOSER is an electronic digital counter that attaches to your metered dose inhaler (MDI) and keeps track of how often the inhaler is used. It tracks both the total number of inhalations, and the number of inhalations taken each day.



## ***Does PuffMinder DOSER come with instructions?***

Each PuffMinder DOSER comes with detailed instructions about using and understanding the device. Most questions about the PuffMinder DOSER can be answered by referring to the instructions.

## ***Where can I purchase the PuffMinder DOSER?***

The PuffMinder DOSER is available on-line at [www.PuffMinder.com](http://www.PuffMinder.com) or by calling 1-800-549-0095 (Boston / EST, Monday through Friday)

## ***How does the PUFFMINDER DOSER know what's in the canister?***

The PuffMinder DOSER is a pressure activated device. Every time you press down on the inhaler to take a puff (inhalation) the device records the actuation. The PuffMinder DOSER will continue to count down the number of inhalations in the canister until it reaches 0. When the count is at 0 (zero), that means that you have finished the total number of metered doses in the canister. You need to replace the canister with a new, full canister, and reset the PuffMinder DOSER to the number of inhalations in the new canister.

## ***How do I know how much is in the canister to begin with?***

You can find the number of metered doses contained in your medication canister by looking at the small print on the side of the canister.

## ***The PuffMinder DOSER says that there are 0 inhalations remaining in the canister, but when I shake the canister, I can tell that there is still something in there. Should I continue to use the inhaler?***

No. It is normal for some material to be left in an inhaler after all of the recommended metered doses are taken. The FDA has approved the inhaler only for the number of metered doses stated on the side of the canister. Once you have taken that number of inhalations, you should discard the old canister and get a new one.

***Do I have to reset the number of daily inhalations each day?***

No. The PuffMinder DOSER will automatically reset the "Inhalations Today" count at midnight each night. In order for the PuffMinder DOSER to set correctly, it is important that you set the clock when you first activate the PUFFMINDER DOSER. You will not have to reset the clock after that time.

***Does the PuffMinder DOSER interfere with the medication, or the way I take the medication?***

The PuffMinder DOSER does not affect the amount of medication taken or the way the medication is delivered. The PuffMinder DOSER is attached to the flat end of the canister. The device will not change the way that you hold or use your inhaler.

***Does the PuffMinder DOSER fit on all inhalers?***

Your inhaler has two parts: the aluminum canister (which holds the medication), and the plastic mouthpiece (which delivers the medication). The PuffMinder DOSER fits on all inhaler canisters available in the United States, but it does not fit with a few mouthpieces. If you use the plastic mouthpieces that the manufacturer supplies with Intal®, Tilade®, Atrovent® or Alupent® prescriptions, the PuffMinder DOSER will not fit. However, if you use the Intal, Tilade, Atrovent or Alupent canisters without the mouthpiece, and use instead a spacer with a built-in actuator, you will be able to use the PuffMinder DOSER. (*Spacers like the Inspir-Ease, the EZ Spacer, or the Opti-Haler have built in actuators; spacers like the Aerochamber do not*)

***How can I be sure that the device is counting correctly?***

Accurate counting by the PuffMinder DOSER depends upon accurate inhaler use. Each time you take a puff, press firmly in the center of the PuffMinder DOSER. After each puff the PuffMinder DOSER will beep to confirm that the inhalation was recorded. Consult with your doctor or healthcare provider about proper inhalation techniques.

***The "Inhalations Today" display on my PuffMinder DOSER reset to 0 in the middle of the day - why?***

The time was set incorrectly when the PuffMinder DOSER was first activated. The PuffMinder DOSER contains an internal clock that automatically sets the "Inhalations Today" display to 0 at midnight each night. When the PuffMinder DOSER is first activated, the internal clock must be set to the current time. The PuffMinder DOSER then keeps track of the time, and resets the PuffMinder DOSER at midnight. Refer to Step #5 in your instructions.

***I pressed on the PuffMinder DOSER and it counted a puff, but nothing came out of the inhaler - why?***

You may be holding the inhaler incorrectly. You should be pressing firmly in the center of the PuffMinder DOSER, using two fingers. Consult with your doctor or healthcare provider about proper inhalation techniques.

***I took a puff from my inhaler, but the PuffMinder DOSER didn't count it - why?***

Either the PuffMinder DOSER has reached 0, or you are taking the puffs too close together. The PuffMinder DOSER stops counting once the "Inhalations Remaining" number has reached 0. When the "Inhalations Remaining" number has reached 0, you should discard the old canister, get a new canister, and reset the PuffMinder DOSER to the number of inhalations in the full canister. The PuffMinder DOSER requires at least a one second interval between inhalations. If you don't wait at least one second before taking a second inhalation, the PuffMinder DOSER will not register the second puff.

***If I have a problem with the PuffMinder DOSER, how can I get help?***

The manufacturer of the device (MediTrack Products, LLC), has a toll-free number (1-800-863-9633) which you can call between 8:30 AM and 5:30 PM EST, Monday through Friday.

**What are the specifications for PuffMinder DOSER?**

**Size:** Diameter - 1.47 inch , Height - 1.03 inches  
**Weight:** 1 Oz.  
**Displays:** Inhalations Remaining (3 digits)  
Daily Inhalations (2 digits)  
**Buttons:** CLEAR - Resets DOSER functions  
SET - Programs Inhalations Remaining display  
HISTORY - Allows viewing of 30 days of inhalations  
**Alerts:** Inhalations delivered - 1 alert  
Fewer than 20 inhalations remaining - 3 alerts

Manufacturer MediTrack Products, LLC

Re-order:

**e-pill** Medication Reminders  
e-pill, LLC  
70 Walnut Street  
Wellesley, MA 02481, USA

[www.PuffMinder.com](http://www.PuffMinder.com)

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