### User's Guide TMR-200

**Battery compartment cover**

5-compartment case

**ALARM OFF**

- **SNOOZE/LIGHT button**
  - Press to illuminate the display for a few seconds.
  - Press to stop the alarm.

- **HR/MONTH button**
  - Press to advance the hour or month digits during time/date setting.

- **MIN/DATE button**
  - Press to advance the minute or date digits during time/date setting.

- **YEAR/5-AL ON/OFF button**
  - Press to advance the year digits during date setting.
  - Press to turn a reminder alarm on or off.

- **5-AL. SET button**
  - Use this button to start a reminder alarm time setting operation.

- **SET button**
  - Press to cycle through setting screens.

- **RESET button**
  - Press this button to reset the clock after changing batteries.

- **Alarm Mode selector**
  - **SET**: Alarm time setting
  - **ON**: Alarm on
  - **OFF**: Alarm off

- **Alert Mode Selector**
  - **BEEP**: Beep alert
  - **VIB**: Vibration alert
  - **BEEP & VIB**: Both beep and vibration alert

**GENERAL GUIDE**

1. **SNOOZE/LIGHT button**
   - Press to illuminate the display for a few seconds.
   - Press to stop the alarm.

2. **HR/MONTH button**
   - Press to advance the hour or month digits during time/date setting.

3. **MIN/DATE button**
   - Press to advance the minute or date digits during time/date setting.

4. **YEAR/5-AL ON/OFF button**
   - Press to advance the year digits during date setting.
   - Press to turn a reminder alarm on or off.

5. **5-AL. SET button**
   - Use this button to start a reminder alarm time setting operation.

6. **SET button**
   - Press to cycle through setting screens.

7. **RESET button**
   - Press this button to reset the clock after changing batteries.

8. **Alarm Mode selector**
   - **SET**: Alarm time setting
   - **ON**: Alarm on
   - **OFF**: Alarm off

9. **Alert Mode Selector**
   - **BEEP**: Beep alert
   - **VIB**: Vibration alert
   - **BEEP & VIB**: Both beep and vibration alert

**Day of the week**

**DATE (month - date)**

**Current time**

(Hour, minutes, seconds)

**Vibration alert ON indicator**

**Beep alert ON indicator**

**PM indicator**

**Reminder alarm times**

(Hour, minutes)

**Reminder alarm number**

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>ALARM ON (6:00)</td>
</tr>
<tr>
<td>2</td>
<td>ALARM ON (9:30)</td>
</tr>
<tr>
<td>3</td>
<td>ALARM OFF (–:–)</td>
</tr>
<tr>
<td>4</td>
<td>ALARM OFF (–:–)</td>
</tr>
<tr>
<td>5</td>
<td>ALARM ON (PM8:00)</td>
</tr>
</tbody>
</table>

**Daily alarm time**

(Hour, minutes)

**Alarm on indicator**

- A sticker is affixed to the glass of this clock when you purchase it. Be sure to remove the sticker before using the clock.
- Depending on the clock model, the configuration of your clock may differ somewhat from that shown in the illustration.
TO SET THE TIME

1. Press the SET button (8) to cycle through the setting screens as shown below.

TO USE THE ALARM

- This clock has a Daily Alarm and a 5 Reminder Alarms. The following table summarizes the features of each alarm type.

<table>
<thead>
<tr>
<th>Alarm Type</th>
<th>SNOOZE Alarm</th>
<th>Alert Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Alarm</td>
<td>Yes</td>
<td>1 minute (repeats 5 times every five minutes)</td>
</tr>
<tr>
<td>5 Reminder Alarms</td>
<td>No</td>
<td>30 seconds</td>
</tr>
</tbody>
</table>

- For the alarm alert, you can set the clock to use an audible beeper or a silent vibrator, or the beeper and vibrator combined.
- When an alarm is set and turned on, it performs the specified alert operation each day at the specified time. Pressing any clock button stops an ongoing alert operation.
- Note that the Daily Alarm is a snooze alarm. This means that the alert operation is repeated about five minutes after you stop it. To completely stop the Daily Alarm so that it does not sound again, slide the Alarm Mode selector (8) to OFF.

To set the Daily Alarm time

1. Slide the Alarm Mode selector (8) to SET. This causes the current daily alarm time setting to flash on the display.
2. Press the HR (10) to increase the hour setting and the MIN (12) to increase the minute setting. Holding-down either button changes its setting at high speed.
3. After you set the alarm time, slide the Alarm Mode selector (8) to OFF or ON.
   - An alarm does not sound if its alarm time is reached while an alarm setting screen is on the display.

To turn the Daily Alarm on and off

Slide the Alarm Mode selector (8) to ON to turn the Daily Alarm on, or OFF to turn it off. This causes the setting of Reminder Alarm (11) to flash.

To turn the 5 Reminder Alarms On and Off

1. Press the 5-AL.SET button (55) until the setting of Reminder Alarm (55) is flashing.
2. This causes the setting of Reminder Alarm (55) to flash.
3. Press the 5-ALiliation button (55) to move the flashing to the next Reminder Alarm (55).
4. Repeat steps 2 and 3 to set the other Reminder Alarm times.
5. When Reminder Alarm (55) is flashing, press the 5-AL.SET button (55) to return to the Normal Timekeeping Screen.

Selecting the Alert Mode

- Use the Alert Mode selector (8) to select the alert mode you want to use for the Daily Alarm and for all of the 5 Reminder Alarms.

TO ILLUMINATE THE DISPLAY

Press SNOOZE/LIGHT button (11) to illuminate the display for about three seconds.

BATTERY REPLACEMENT

Replace batteries whenever the display of the clock becomes dim and difficult to read.
1. Open the battery compartment cover as shown in the illustration.
2. Remove both old batteries.
3. Replace the battery compartment cover.
4. Press the 5-AL.ON/OFF button (11) to turn on the daily alarm.
5. Press the 5-AL.SET button (55) to return to the Normal Timekeeping Screen.

Battery precautions

- Keep batteries out of the reach of small children. If a battery is accidentally swallowed, contact your physician immediately.
- Be sure to load the batteries with their positive (+) and negative (−) ends facing correctly.
- Never mix old and new batteries, or batteries of different brands.
- Never charge the batteries that come with the clock.
- Should batteries ever leak while in the clock, wipe out the fluid with a cloth, taking care not to let any get onto your skin.
- Replace the batteries at least once a year, even if the current batteries are working properly.
- The batteries that come with the clock lose some of their power during transport and storage.