

ALERT Button (In Case of Emergency)

In Case of Emergency (or any time when you are unable to speak for yourself), the Medication Alarms (“ALARM BANK”) and Medical Information Data (“DATA BANK”) stored in the **e-pill CADEX** watch can be displayed by pressing the red **ALERT** button on the face of the watch repeatedly. The only item that will not display is the credit card entry. This is for your protection. If you need to view this item, do it through the Databank setting procedure.



How to Erase Information

You can erase information in two ways. Most commonly you may want to erase a medication name. To do this, you must overwrite the medication name with “spaces”. There is a “space” character just before the letter A. It looks like a blinking underline. You must overwrite each letter in the medication name with this “space” character.



The other way to erase information is to **press and hold the four buttons on the sides until the watch display goes blank**. Release the buttons and the watch will beep.

NOTE: *This method will erase all information from your watch, and you will need to reprogram your medication and alert information.*



Change of Battery

e-pill CADEX runs on a CR2032 button cell. At the first sign of low power (dim display), have the battery replaced. We strongly recommend that you take your **e-pill CADEX** to a jeweler for battery replacement, instead of changing it on your own.

IMPORTANT: Once the battery is replaced, in order for the watch to function properly, you need to reset the watch by **pressing and holding in the 4 buttons on the sides until the watch display goes blank**. Release the buttons and the watch will beep. You will need to reprogram your watch after the reset.

CAUTION: Dead battery, replacement of battery, malfunction or repairs will cause all data stored in the memory of the watch to be deleted. It is recommended that you keep separate written copies of all important data. In no event will e-pill, LLC be liable for loss of data or damages arising of such loss.

IMPORTANT INFORMATION

Medical Alert (ICE)

If you currently wear a Medical Alert Identification Bracelet or necklace, you should **CONTINUE TO WEAR IT**. This watch is an electronic device. If the watch’s electronic parts or battery fail no one will be able to access your important medical information. **DO NOT TAKE THIS RISK.**

Water Resistance

This watch is **NOT WATER PROOF**. It will withstand splashes and rain but not swimming, bathing, and showering.

DO NOT USE IN SHOWER OR SWIMMING POOL

Care of Your Watch

Avoid exposing the watch to temperature extremes. Avoid dropping the watch. Avoid exposing the watch to gasoline, cleaning solvents, adhesive agents, paint, or aerosol sprays.

DO NOT IMMERSE IN WATER

US Patent: 6,560,165

e-pill® CADEX®

12 Alarm Medication Reminder Medical Alert ICE Watch



Thank you for purchasing the **e-pill CADEX** 12 Alarm Medication Reminder and Medical Alert ICE (In Case of Emergency) Watch. Your **e-pill CADEX** Alarm Watch has the following functions:

- Up to 12 Daily Medication Alarms (auto repeating, no reset required) with optional Text Messages.
- Long Alarm Duration up to 4 hours (240 minutes).
- Medical Snooze (reminder every 3 minutes until all medications have been taken).
- 11 item Medical Alert ICE (In Case of Emergency) Data Bank.
- ALERT (ICE) button for displaying Medical Information in an emergency situation.
- Four buttons on the side for operating your alarm watch.

To enter a setting mode and to store settings

ADJUST

To turn off the Alarm and to program data entries

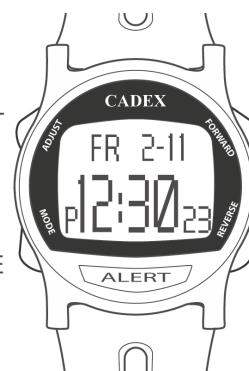
FORWARD

To flip through the display modes and data entries

MODE

To turn off the Alarm and to program data entries

REVERSE



WARRANTY

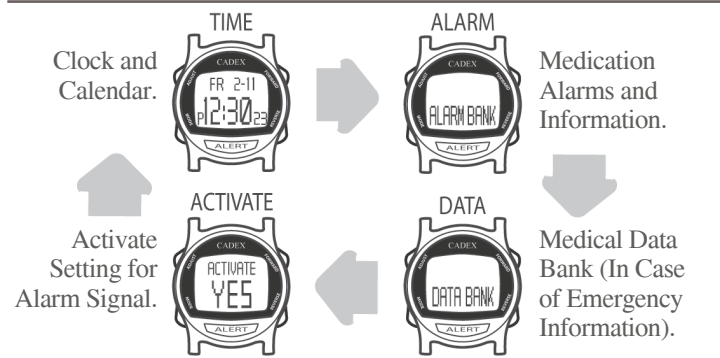
The inner components of this watch are warranted to be free from defects in materials and manufacturer’s workmanship for one (1) year from the original date of purchase. This warranty does not cover the band, buckle, battery, case, buttons, or crystal. Do not wear this watch in the shower or swimming pool, it is **NOT WATER PROOF**. This warranty expressly excludes incidental and consequential damage caused by use, misuse, neglect, accident, unauthorized modification, or any defects resulting from service by anyone other than the manufacturer. During the warranty period, and upon proof of purchase, this watch will be repaired or replaced (with the same or a similar model) at the manufacturer’s option.

Contact: e-pill Medication Reminders (or your distributor)
Address: e-pill, LLC
49 Walnut Street, Bldg. 4
Wellesley, MA 02481, USA

Web site: www.epill.com or www.cadexwatch.com
Phone: 1-888-726-8805 (+1 781 239 2941 international)
Fax: +1 781-235-3252

The e-pill CADEX watch is only a supplement to any memory system that you currently use to remind yourself to take your medications or perform medical tasks. The user maintains full responsibility to administer medications or perform medical tasks at the appropriate times. e-pill, LLC assumes no responsibility for any incidental or consequential damages, including but without limitation, damages or injuries resulting from malfunction of the product, mathematical inaccuracy or loss of stored data.

Four Display Modes



Flip through the display modes by pressing the MODE button repeatedly.

Time and Calendar Display / TIME

How to Set Time and Date:

- 1) Select TIME mode by pressing MODE repeatedly if not already shown. Press and hold ADJUST for five (5) seconds. This will cause the Hour digits to begin flashing.
- 2) Press FORWARD or REVERSE to select the Hour. Please note the “A” or the “P” in the lower left corner indicating AM and PM. Press MODE to record the Hour and move on to Minutes.
- 3) Press FORWARD or REVERSE to select the Minutes. Press MODE to record the Minutes, and move on to Seconds.
- 4) Repeat these steps to set the Seconds, Year, Month and Date.
- 5) Press ADJUST to accept your settings and return to TIME mode.




Medication Alarms Display / ALARM BANK

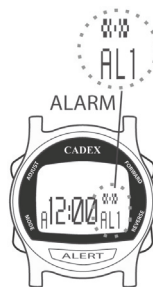
The e-pill CADEX watch has up to 12 daily auto repeating alarms available. You can set an optional Text Message to each of the 12 alarms. The watch allows up to 36 characters to be recorded for each Text Message.

Possible Characters: A B C D E F G H I J K L M N O P Q R S T U V X Y Z 0 1 2 3 4 5 6 7 8 9 . # + - ! [space]

Tip: If you are normally away from home during the day, we recommend you set an alarm for the early part of the day that says “SETUP MEDS”. This will remind you to get your medications together and into your pocket or purse so you will not forget them.

How to Set Medication Alarms and Optional Text Messages:

- 1) Press MODE repeatedly until “ALARM BANK” appears on the display. Press FORWARD or REVERSE to select the alarm you wish to view or set.
- 2) Press ADJUST for five (5) seconds, this will cause the Alarm Number (AL1 up to AL12) to begin flashing. Press FORWARD or REVERSE to switch the Alarm Indicator  on and off. *When the Alarm indicator is on the screen, it means the alarm is enabled. The absence of this symbol indicates the alarm is disabled.* Make your selection, and press MODE to move on to Alarm Hour.
- 3) Press FORWARD or REVERSE to select the Alarm Hour. Press MODE to record the Alarm Hour and move on to Minutes.
- 4) Press FORWARD or REVERSE to select the Minutes. Press MODE to record the Minutes and move on to set an optional Alarm Text Message. (To skip setting the Text Message, press ADJUST to accept your Alarm settings. Then press MODE three times to return to TIME mode.)
- 5) Press FORWARD or REVERSE to select the first letter of the Text Message (for example name of medication).
Tip: Pressing and holding FORWARD or REVERSE will allow the character to increment quickly.
- 6) Press MODE to move on to the next character in the Text Message.
Tip: Pressing and holding MODE will allow the previous characters to be accessed again.
- 7) Once the Text Message is entered, press ADJUST to accept your settings and return to “ALARM BANK” mode. Your setting will scroll across the screen. Press MODE three times to return to TIME mode, or press FORWARD or REVERSE to access and set more Alarms.



Medical Alert (ICE) / DATA BANK

The e-pill CADEX is capable of recording the following pieces of information (Data Items) that can be displayed in an emergency situation:

NAME	Your name and phone number
ALERT	Alert medical information (user conditions, i.e. diabetes, pace maker, hemophiliac, etc.)
ALLERGIC	Allergic reactions (i.e. penicillin, bee sting, etc.)
DOCTOR	Doctor and phone number
CONTACT	Emergency contact person and phone number
BLOOD	Blood type
BIRTHDAY	Date of birth
INSURER	Health insurance company and phone number
POLICY#	Health insurance policy number
SS#	Social security number (optional)
CARD#	Credit card number and expiration date (optional)

How to Set Data bank Items:

- 1) Press MODE repeatedly until “DATA BANK” appears on the display. Press FORWARD or REVERSE to select the Data Item you wish to view or set (for example your name).
- 2) Press ADJUST for five (5) seconds until a blinking line appears. Press FORWARD or REVERSE to select the first letter of the Data Item.
- 3) Press MODE to move on to the next character for this Data Item. To go backwards and correct a previous letter, press and hold MODE.
- 4) Once the Message is entered, press ADJUST to accept your settings and return to “DATA BANK” mode.
- 5) Press MODE button two times to return to TIME mode or press FORWARD or REVERSE to access the next Data Item.



Activate Display / ACTIVATE

With the ACTIVATE setting you can choose to have all of your Alarms to sound (“YES”) or to be quiet (“NO”). The quiet mode (“NO”) can be used during sensitive occasions such as in church or during meetings.

How to set the ACTIVATE setting:

- 1) Press MODE repeatedly until “ACTIVATE” appears on the display. Press the FORWARD or REVERSE buttons to switch between “YES” and “NO”.
- 2) Press MODE once to get back to TIME mode.



NOTE: “YES” means all of the individually enabled **ALARMS WILL SOUND.**
“NO” means all of the individually enabled **ALARMS WILL BE QUIET.**

Medical Snooze (Reminder Mode)

When one of the medication alarms goes off the watch will begin to beep continuously for one minute and the Text Message (if set) will scroll across the face of the watch. This continuous beeping can be turned off by pressing either FORWARD or REVERSE. The watch will then enter Medical Snooze (Reminder Mode). In this mode:

- The Text Message (if set) will continue to scroll across the face of the watch. If there are multiple alarms existing in Medical Snooze, each alarm entry will scroll across the face of the watch in turn.
- The watch will give two beeps every three minutes. This will subtly remind you to take your medications in the event that you get sidetracked.
- Multiple alarms in Medical Snooze may cause the watch to do its reminder beep more often than every three minutes.
- The watch will remain in medical snooze for up to 4 hours (240 minutes) for each alarm.
- When in Medical Snooze, alarms can be turned off by pressing either FORWARD or REVERSE. We recommend that you only do this after you have taken your medications.

Tip: If you do not want the Medical Snooze, press the FORWARD or REVERSE buttons two (2) times during the continuous alarm.